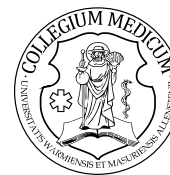




Polish Annals of Medicine

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SUPPLEMENTARY MATERIALS

Horvath A, Stróżyk AK, Szajewska H, Dziechciarz P. Infant feeding knowledge and practices among parents of infants aged 4–12 months in Poland: an online cross-sectional survey study. *Pol Ann Med.* <https://doi.org/10.29089/paom/146442>. [in press].

Appendix 3. Summary of the responses ($n = 6934$).

Question	n (%)
Participants self-assessment of knowledge on infant feeding	
Sufficient	4769 (68.8)
No opinion	1873 (27.0)
Insufficient	292 (4.2)
Agreement with the selected infant feeding statements	
Fruits are a good source of vitamins in infants	
Agree	5222 (75.3)
No opinion	141 (2.0)
Do not agree	1571 (22.7)
Fruit juices should be given to infants younger than age 1.	
Agree	1667 (24.0)
No opinion	1029 (14.8)
Do not agree	4238 (61.1)
Plant-based beverages, 'plant-based milks' [e.g., coconut or almond milk] are an appropriate alternative to breast-milk substitutes such as an infant formula or protein hydrolysate	
Agree	1255 (18.1)
No opinion	1525 (22.0)
Do not agree	4154 (59.9)
Potentially allergenic foods such as eggs, wheat, fish should be only included into infant diet after other complementary food had been introduced.	
Agree	1587 (22.9)
No opinion	605 (8.7)
Do not agree	4742 (68.4)
If an infant develops symptoms following the introduction of a new food such as an egg, the introduction of other potentially allergenic foods should be delayed.	
Agree	2377 (34.3)
No opinion	698 (10.1)
Do not agree	3859 (55.7)